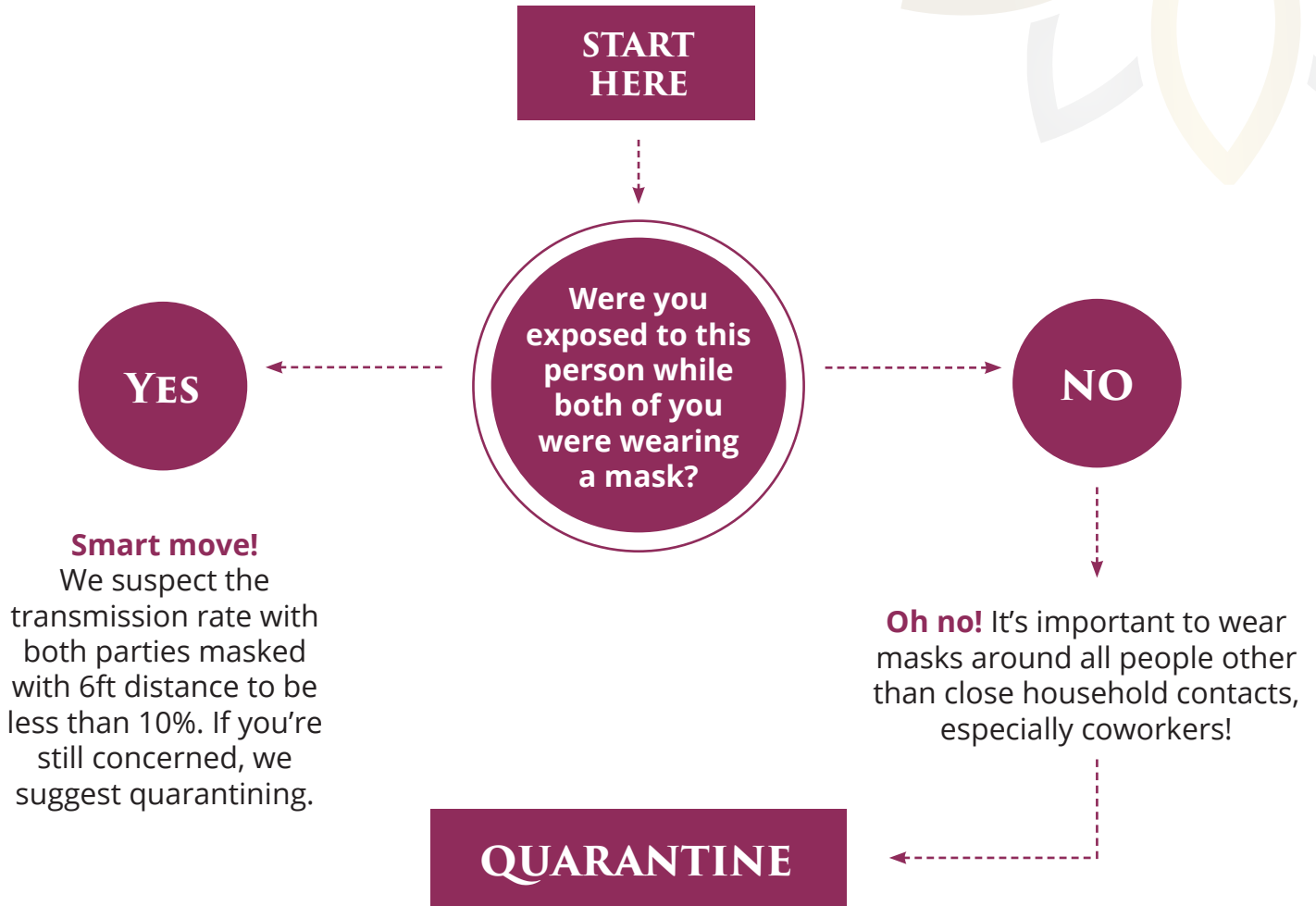


COVID-19 SECOND-DEGREE EXPOSURE

I have no symptoms and was exposed to an asymptomatic person who was exposed to a COVID positive patient. **What do I do?**



Data currently indicates most people develop symptoms within **5-7 days** of exposure. If you are waiting to find out if your contact's test is positive, **YOU SHOULD REMAIN IN QUARANTINE.**

COVID-19 FIRST-DEGREE EXPOSURE

I was in direct contact with a Covid-positive patient. **What do I do?**



Consider waiting in quarantine up to 72 hours or until symptomatic. Current data indicates waiting 72 hours for viral shedding to start decreases false negative rate of test:

<https://www.acc.org/latest-in-cardiology/journal-scans/2020/05/18/13/42/variation-in-false-negative-rate-of-reverse>

LOCAL MARTIN COUNTY TEST SITES:

CC Martin Drive Up: 772-419-3360 or <https://www.martinhealth.org/new-coronavirus-covid-19-updates>

CVS: <https://www.cvs.com/minuteclinic/covid-19-testing>

Access 365 Urgent Care: 365 772-222-5302 or <https://access365urgentcare.com/carside-urgent-care-palm-city-stuart/>

COVID-19 POSITIVE

I have (or may have had) Covid-19, when can I return to work/activity?

**START
HERE**

**Wait 10 days past
first symptom
onset PLUS 72+
hours completely
symptom free**

Return to Work Link: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html>

ANTIBODY TESTING

When should I get antibody testing to find out if I was infected?

**START
HERE**

5-6 weeks after exposure
Can self-refer to Quest for \$119 (+/- \$10.30)
I can order & bill insurance @ Quest:
Call 283-1200 to speak to Colleen

Link to Quest Direct: <https://questdirect.questdiagnostics.com/products/covid-19-immune-response/b580e541-78a5-48a6-b17b-7bad949dcb57>